

Save the Worker

Right now, the habitats of every worker – *homo sapiens laboratus* - are under threat. As more energy is wasted, and the ozone layer is further depleted, our climate becomes less and less suitable for these fragile but beautiful creatures.

But what can you do about it?

Little changes make a big difference over time and directly impact quality of life for the endangered *laboratus*. Here are just a few of the ways to make migration patterns, habitats, and resources more sustainable so all of us workers can look forward to a more secure future.

Migration adaption

Cycle to Work scheme

Employers can buy bikes tax-free and loan them to employees. See details at www.dft.gov.uk or www.cyclescheme.co.uk.

Flock together

Workers who live and work in similar areas can reduce vehicle emissions and costs by carpooling. Ask around at work, or try www.carshare.com.

Green the fleet

Are cars essential to the business? See environmentally responsible car hire and purchase options at www.bridgegreen.com and www.greenconsumerguide.com/commercial.php.

Habitat improvement

Switch off

Save up to 15% on the lighting bill just by turning off lights in empty rooms and corridors - especially at the end of the day. Consider installing motion-sensitive light systems.

Pick a number

Indoorius workers are naturally most comfortable between 20°C and 23°C. Choose one setting and stick to it - energy costs rise by 8% for every 1°C increase (source: Carbon Trust).

Flex your thumb

Many indoor plants absorb air pollutants through their leaves and roots and convert them into breathable air. Within 24 hours, some plants can remove up to 87% of toxic indoor air.

Conserving resources

Shut it

Turn your computer monitor off when you leave the office, rather than leaving it on standby. A typical monitor left on overnight wastes enough energy to laser print 800 pages.

Don't fill'er up

Unless you're making tea for the whole flock, don't boil the whole kettle. Save energy and time-or just heat enough water for one.

Choose recycled paper

Stock the copier, printer, and supply cabinet with recycled paper products. It takes 60% less energy to manufacture paper from recycled stock than from virgin materials.

Have you seen these workers?

We hope to raise awareness about the plight of all types of worker found in the British Isles. The *laboratii* are identified by their natural habitat, which varies with each worker's primary activity.



Found at various indoor and/or outdoor locations, the *migratorius* may spend several hours a day in transit, relying heavily on petrol-powered vehicles. The *migratorius* easily adapts to various habitats and is prized for its ability to interact with a number of other *laboratii*.



Many workers are found indoors: some remain stationary, alone or in social groups, for most of the daily work cycle, while others stay on their feet to create patterns of movement and interaction throughout the day.



The robust *laboratii outdoorius* engage in their daily routines entirely outdoors, but may roost indoors briefly for food or rest.



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